



INCTR PAX Program Trip Report

Trip:	India and Nepal – April 2010
Dates:	March 30 th to April 12 th , 2010
Participant/s:	Dr. Fraser Black (Associate Director INCTR PAX) Doug Ennals (Social Work Consultant INCTR PAX)

Date	Activity (site visit, education activity, meeting, etc.)	Report/Details	Action Items/Next Steps	Person Responsible
Mar 30 th	Meet with Gayatri and Dr. Sudha	Discussed: <ul style="list-style-type: none"> • Pediatric palliative care program • Potential for program at Nilifour Children’s Hospital • Data collection 	Proceed with plan to establish a pediatric palliative care program at Nilifour Children’s Hospital	Fraser/Gayatri to prepare presentation for Nilifour Children’s Hospital
March 31	Day at MNJ <ul style="list-style-type: none"> • Meet with team • Meeting with Dr. Mandapol 	Discussed with Dr. Mandapol: <ul style="list-style-type: none"> • Need for ongoing support for palliative care program and team at MNJ • Further expansion of pediatric palliative care program 	Gayatri will follow up with Dr. Mandapol	Gayatri

	(chairman MNJ)	including establishment of a pediatric palliative care fellowship program		
April 1	Day at MNJ and Nilifour Children's Hospital Night flight to Pune	<ul style="list-style-type: none"> Meeting with Dr. Sudershan and most of the dept heads to discuss palliative care and an exploration of the many children that would benefit from palliative care including those with HIV/AIDS. Nilifour is soon to establish a centre of excellence for pediatric HIV/AIDS care with a new building and expansion of program Presentation to staff and postgraduate trainees on palliative care and the role in pediatric care 	Further development of project plan to establish pediatric program at Nilifour Gayatri to meet again with Dr. Sudershan	Gayatri
April 2	Cipla Palliative Care and Training Centre	<p>Meeting with Trustee Mr. Iyer and Medical Director Dr. Priya Kulkarni:</p> <ul style="list-style-type: none"> Review of progress to date at Cipla and current programs and patients statistics Discussion of how to expand the current concept of palliative care at Cipla in order to reach more adult and pediatric patients Discussion of the pros and cons of current "family model" of care at Cipla Discussion around recruitment, retention and supporting the morale of palliative care staff Further expansion of palliative care in the area by including establishment of a palliative care program at the government hospital <p>Patient Rounds with Clinical Team at Cipla</p>	Further development of plan to expand services and teaching at Cipla Palliative Care and Training Program	Fraser and Dr. Priya Kulkarni
April 3	Cipla Palliative Care and Training Centre	<ul style="list-style-type: none"> ½ day planning meeting with Medical Director Dr. Priya Kulkarni Individual Development Plan created and presented to Mr. Iyer Meeting with physician team Doug accompanied community based physician for home visits and met with Social Work team at Cipla to develop strategies to improve team functioning and support team 	Prepare budget to accompany development plan	Dr. Priya Kulkarni

		<ul style="list-style-type: none"> Media Interview http://www.indianexpress.com/news/Expert-from-Canada-bats-for-palliative-medicine-as-specialty-area/600642 http://www.indiaonline.com/Markets/News/Mentoring-the-Palliative-Care-team-to-the-next-level/4808830180 		
April 4	Fraser travels to Calicut Meet with Dr. Anil	<ul style="list-style-type: none"> Travel day to Calicut Meet in evening with Dr. Anil Paleri to plan schedule for visit 		
	Doug returns to Hyderabad	<ul style="list-style-type: none"> Mentorship support with MNJ social work team 	Ongoing follow-up with program and professional development	Doug
April 5	Fraser visit to centre and 3 home visits	<ul style="list-style-type: none"> Travel to rural community based program to see rural program and accompany care providers on three home visits as well as observe operation of outpatient clinic and dispensary 		
	Doug in Hyderabad	<ul style="list-style-type: none"> Mentorship support with MNJ social work team 	Ongoing follow-up with program and professional development	Doug
April 6	Fraser Morning at Calicut Afternoon/evening flight to Hyderabad	<ul style="list-style-type: none"> Tour and discussions with staff at the Palliative Care Centre in Calicut 	Ongoing follow up with Dr. Anil Paleri to maintain relationship between Calicut with INCTR PAX program	Fraser
	Doug in Hyderabad	<ul style="list-style-type: none"> Meeting with Dr. Gayatri Palat and Dr. Mathews to discuss on-going social work practicum placements at MNJ and future development of a post graduate 	Ongoing follow-up with Dr. Palat and Dr. Mathews re:	Doug

		diploma in palliative care for social workers	curriculum development	
April 7	Travel to Kathmandu Meet with Dr. Sharon Ham and nurse Dymrna Devlin	<ul style="list-style-type: none"> • Travel day • Meeting at night with Dr. Sharon Ham and Nurse Dymrna Devlin to discuss their observations and suggested next steps for palliative care at BPKMCH 	Prepare report on findings and suggested next steps	Dr. Sharon Ham and Dymrna Devlin
April 8	Flight to Bharatpur Meeting with BPKMCH Administration Ward Rounds on Palliative Care Unit	<ul style="list-style-type: none"> • Review of planned itinerary for stay • Review of current status of palliative care program at BPKMCH 		
April 9	Day at BPKMCH <ul style="list-style-type: none"> • Presentation to medical staff • Teaching ward rounds • Further meeting with administration 	<ul style="list-style-type: none"> • Plan for next steps: <ul style="list-style-type: none"> ○ Identification of additional physician for program ○ Expanded outpatient and consultation services ○ Identification of psychosocial team member to establish program ○ Plan for future 6 week training program ○ Ongoing involvement with NAPCARE and NNCTR ○ Identification of nurses to receive training in Hyderabad in June ○ Ongoing development of twinning program with Victoria Hospice 	<p>Identification of two nurses to go to Hyderabad in June for training</p> <p>Identification of a psychosocial team member</p> <p>Add another physician to the team</p>	BPKMCH team
April 10	Return to Kathmandu by road as flight cancelled Meet with Dr. Bishnu Paudel in evening	<ul style="list-style-type: none"> • Travel day • Meeting at night with Dr. Bishnu Paudel and review of current opioid use and availability in Nepal. Dr. Paudel is a recent graduate of the Pain and Policy Study Group Fellowship program. Discussion around next steps to 	Ongoing efforts to increase availability of opioids through work with Nepalese MOH and DDA	Dr. Bishnu Paudel, NNCTR, INCTR PAX and NAPCARE
April 11	AM-Bhaktapur Cancer Hospital PM- Benpa/NNCTR office	<ul style="list-style-type: none"> • Meet with Dr. Chadani and Laxmi Shrestha (nurse leader) to discuss current status/activities and discuss next steps for expansion of program at Bhaktapur Cancer Hospital <ul style="list-style-type: none"> ○ Dr. Chadani to begin practicing full time in 	Identification of two nurses to go to Hyderabad in June for training	Dr. Chadani and Laxmi

		<ul style="list-style-type: none"> ○ palliative care in near future ○ Plan for educational program for fall ○ Establishment of outpatient clinic ○ Establishment of referral process ● Clinical rounds with Dr. Chadani and Laxmi ● Meet with Dr. Surendra Shrestha and NNCTR team to discuss next steps and priorities for NNCTR and PAX team in Nepal to help move palliative care forward ● Review of NAPCARE terms of reference and constitution 	<p>Develop detailed plan re fall workshop</p> <p>Follow up with Medical Director Dr. Sudip Shrestha re discussion and next steps</p>	<p>Dr. Chadani, Laxmi and Dr. Robin Love</p> <p>Fraser</p>
April 12	<p>AM – Kanti Children’s Hospital</p> <p>PM – TUTH and meet with Dr. Pradeep Vaidya</p>	<ul style="list-style-type: none"> ● Meeting with Dr. Kailash <ul style="list-style-type: none"> ○ Review of current program at Kanti ○ Review of opioid availability and usage ○ Opportunities for trainees at Kanti ○ Future possibilities for a palliative care team at Kanti ○ Still hoping to pursue fellowship with support of Dr. Aziza ● Clinical Rounds at Kanti ● Meeting with Dr. Pradeep Vaidya <ul style="list-style-type: none"> ○ Review of plans for future cancer hospital and the role of palliative care from the beginning ○ Review of ○ Review of NAPCARE in terms or priorities and next steps 	<p>Follow up regarding fellowship for Dr. Kalaish</p> <p>INCTR to coordinate with Dr. Kailash regarding elective rotations</p> <p>Next NAPCARE meeting to define short term and long term goals including educational framework</p>	<p>Fraser/Aziza</p> <p>Julie Estal</p> <p>Dr. Pradeep and NAPCARE</p>

April 13-14th – Travel Kathmandu to Victoria, BC